

Health and Wellbeing Project Proposal-April 2017

Partnership with Sompting Big Local, Sompting Parish Council and GP Surgery (wellbeing co-ordinator)

The aims and objectives of the project; To improve the quality of life for all Sompting Residents and try and prevent people from becoming seriously ill through early diagnoses and intervention. In addition; through a preventative approach, to attempt to reduce appointments at the GP Practice (Ball Tree Surgery).

Proposal

6-month Pilot Project

Health and Wellbeing clinics held in HJC centre 3 times per week including an evening and weekend session

Health Care Assistant and Prescribing Nurse employed to carry out health and well-being assessments; Cholesterol testing, blood pressure, weight check.

Assessments to take place at Harriet Johnson Centre and may include any of the following

Patients assessed as requiring on-going referral;

Slimming World

Healthy eating on a budget-sessions at HJC

Exercise classes at HJC/External exercise regime

Referral to GP

Referral to pharmacist

Signpost to other agencies e.g. Statutory and Non-Statutory E.g. Social Service (safeguarding for example)- Citizens Advice Bureau (Legal or Housing advice for example)

Enable people to stop smoking/Drinking

Activities and Service (Baby weighing) for Parents of Young Children

Provide support and advice to people with mental health concerns, including referral on to other services

Funding of Project

SBL and explore options for match funding

GP Practice outline responsibility; recruit and supervise Prescribing Nurse and Health Care Assistant

Sompting Residents who are not Patients of Ball Tree Surgery will also be eligible for the scheme but agreement with other Surgeries will be sought to manage and develop an agreed process to update respective GP Surgery

Confidentiality and Data Protection

Policies and Procedures will need to be developed to ensure the scheme is not in breach of confidentiality (or when confidentiality is necessary to be breached for reasons of protection) and Data Protection-Patient consent to be included.

Anne Godley-07/04/2017