Print Form

Keith's Personal Training

Personal Training Contract

Please read each and initial next to each statement to indicate that you understand the expectations and agreements.

_____ This agreement is between Keith L. Sutton and his clients. All rules and regulations stated are Keith's Personal Training policies and procedures.

_____ All Clients must be in compliance with all Keith's Personal Training rules and regulations.

_____ Clients must cancel a personal training session a minimum of 24 hours before the scheduled session or they will be charged full price. In the event of emergency or unforeseen circumstances, Keith must be notified. Keith will make the decision on the fees to be rendered based upon the client's circumstances.

_____ A session is 45 to 55 minutes in length. This time interval is at the discretion of the personal trainer.

_____ All sessions are to commence at the scheduled time and location.

_____ The following expiration periods apply to single sessions and series sales:

- Single sessions expire one month from the date of purchase.
- A series of five sessions expires in two months from the date of purchase.
- A series of 10 sessions expires in four months from the date of purchase.

_____ All monthly packages must be purchased by the first of each month and will expire on the last day of that month.

_____ All personal training sessions are nonrefundable and nontransferable.

Client Signature: _____ Date: _____

Trainer Signature: _____ Date: _____