



Dear Teacher Trainees,

We hope that this letter finds you well and getting ready to begin the Yoga Teacher Training/Certification Program at Full Circle Yoga in Winter Park. As you know from the application, the Program has several conditions that we will clearly restate for you in this letter so that you are completely informed of all of your obligations. After you have had a chance to read this letter, please sign it at the end and return your signed copy to us, and keep one for your records. By signing this letter, you are agreeing to all of its terms. The Program is a 200-hour yoga teacher training designed to train you to independently teach a well-balanced, mountain approach yoga class in the style of flow, hatha or ashtanga inspired.

The Program consists of a combination of yoga practice, philosophy, anatomy, required reading, and any additional related requirements that are necessary to a successful yoga practice and instruction. The Program is on a pass/fail basis only. In order to pass, you must fulfill all of the application requirements and fully participate in and complete each and every aspect of the program. This means conducting yourself within the spirit and integrity of the Program, in a harmonious and cooperative manner, strictly following all schedules and deadlines, and timely completing all required reading, seminars, and classes. As we will have much content to cover, it is imperative that all deadlines are met. Throughout the program you will be individually evaluated by our faculty.

We will also evaluate each trainee after all requirements have been met. Should we deem you fit for teaching yoga in the style and manner of the Program, you will pass and be granted a written Certificate of Completion. If you follow all requirements and meet all deadlines, you should have no trouble reaching final certification. By agreeing to participate in the program, you are representing your commitment to teaching yoga and you are agreeing to uphold the yogic principles that are the basis for teaching yoga.

You may teach or open a yoga school at any location of your choosing, as long as you do not open your own yoga school or other related facility within 5 (five) miles of any yoga school or facility owned by Reach Yoga LLC dba Full Circle Yoga unless separately agreed to in writing by Reach LLC. Your breach of these provisions may result in continuing and irreparable harm to Reach Yoga LLC for which there may be no adequate remedy at law. Accordingly, Reach Yoga LLC shall be entitled to enforce these provisions by means of injunction, temporary restraining order, action for damages, or any other remedies at law or in equity. Should Reach LLC, be required to commence a legal proceeding to enforce these provisions, you will be responsible for all costs and expenses incurred, including but not limited to its reasonable attorneys' fees at trial and on appeal.

Trainee hereby authorizes Reach Yoga LLC to use Trainee's picture or other likeness in any advertisement, including, but not limited to marketing ads, journals, magazines, website and any other similar promotional materials. Your Certification as a yoga teacher does not make you an agent or employee of Reach LLC. Rather, you will be and remain a separate entity, independently owned and/or employed, unless we agree in writing otherwise. You may not use Reach Yoga LLC photographs or materials, or photographs taken by any person at Reach Yoga

LLC or at events organized by Reach Yoga, LLC, without the express written permission of Reach Yoga LLC.

All fees paid by you to Reach Yoga LLC are nonrefundable. If we deem that you are not following the terms of this agreement, we may ask that you leave the program and you will not be entitled to a refund of any portion of any amounts paid for the program. In the unlikely event you are asked to discontinue your participation in the program, you shall have no right or authority to represent that you are a certified instructor from Full Circle Yoga.

By signing this letter, you also unconditionally represent that you are in good health and that you have been examined by a licensed physician within the past six months and have been found by your physician to be in good health and fully able to perform all physical requirements of the Program, including a physical yoga practice. You understand and acknowledge that you are to receive the instruction of the Program and you will not hold Reach Yoga LLC to any higher standard of care than that applicable to the standard of care required of similar yoga training and certification programs in the industry. You agree to waive and release Reach LLC, and its agents, instructors and employees from all liability for any and all loss or damage on account of injury or death whether caused by negligence or otherwise while you are in the Program or while practicing yoga or other activities, programs or education offered by Reach Yoga LLC or the Program. You expressly agree to hold Reach Yoga LLC harmless for any fees or costs or expenses that may be incurred out of necessity to defend any lawsuit instituted by virtue of injury or death or damage you may suffer, including but not limited to its reasonable attorneys' fees at trial and on appeal. You also agree that these provisions are intended to be as broad and inclusive as is permitted by the laws of the State of Florida and that if any portion is held to be invalid, the balance shall, notwithstanding, continue in full force and effect. You understand and agree that this agreement is subject to the laws of the State of Florida and any dispute shall be resolved only under the laws of the State of Florida without regard to its conflicts of laws rules, and exclusively in the state and federal courts of Orange County, Florida.

We sincerely look forward to meeting you, working with you and having you participate in the Program. We look forward to your successful completion of the Program, joining our yoga family and in presenting you with your Certificate of Completion in the very near future. Know that you are now embarking on a wonderful physical and spiritual journey and opening the path for others to join you in mind, body and spirit.

Namaste,

*Christine Northcote*

Christine Northcote, E-RYT

Agreement to Terms.

I hereby acknowledge that I have read and understand and fully agree to the terms of this agreement.

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