

PRE-MEDICAL PREPARATION TIMELINE

Four Years Prior to Starting Medical School:

- Make an appointment with your pre-health career specialist in The Aspire Center to gather information on engaging in pre-health events.
- Contact the pre-med faculty advisor to introduce yourself and ask any questions you have surrounding medical programs.
- Attend informational meetings for the pre-health program.
- Research career information to identify what being a doctor means and the pathway steps towards that career.
- Become involved in pre-health club.
- Participate in the spring first-year pre-health career exploratory seminar.
- Start to develop relationships with faculty, staff and mentors at Carthage.
- Identify experiential learning opportunities including research, internships, volunteering or shadowing.

Three Years Prior to Starting Medical School:

- Meet with your pre-med faculty advisor to make sure you are progressing through your medical school requirements.
- Reach out to the pre-health career specialist in The Aspire Center to gather information on potential application preparation opportunities.
- Meet with your academic faculty advisor to ensure that you are completing required courses for your majors and minors.
- Begin to investigate potential medical schools and identify the admission requirements/timelines.
- Continue to identify and secure experiential learning opportunities including research, internships or volunteering.
- Begin or continue shadowing a variety of doctors.
- Learn more about the MCAT and identify an action plan for studying/taking practice exams.

Two Years Prior to Starting Medical School:

- Continue to meet with your academic faculty advisor, pre-med faculty advisor and the pre-health career specialist to sure that you are on track for both major/minor academic requirements and pre-med requirements.
- Participate and complete the personal statement workshop in the fall semester.
- Stay involved in both the Carthage community and experiential learning opportunities.
- Register and take the MCAT.
- Continue to shadow doctors from a wide variety of settings.
- Participate and complete the interview workshop in the spring semester.
- Gather all required letters of recommendations for your application giving at least 2-3 months advance notice before requesting committee letters for writing.
- Complete committee letter application.
- Double check dates and deadlines for application materials to your selected med school.
- AMCAS will open in the spring and all materials should be submitted in June.

One Year Prior to Starting Medical School:

- Continue to prepare for potential interviews.
- Monitor AMCAS for any supplemental materials or admissions next steps.
- Continue to meet with your academic faculty advisor to sure that you are on track for both major/minor academic requirements.
- Contact your career specialist and the pre-med faculty advisor with any updates on your admission status for medical school.