



Seminar Title: The Coaching COMPASS Assessment: A Roadmap to Build a More Intentional Relationships Within Your Coaching Staff

Speaker(s): Celia Slater, Chief Visionary – True North Sports with Shannon Wells – Assistant Coach at the University of Florida, Sally Polhamus - Head Coach at Georgia State University and Kyle Stahl – Assistant Coach at Western Michigan University.

Learning Objectives: Proposal Overview/Description:

Currently in college athletics very few coaches have a method to evaluate each other within their coaching staff. Not all head coaches are natural mentors. Head coaches usually give feedback to their assistant coaches but very few head coaches welcome feedback from their assistants. Maybe this would all change if there was an instrument and structure to give and receive this feedback, not only from your assistants but from your athletes you coach as well.

Key Points:

What if there was a better way to foster healthy and constructive feedback, communication, growth and success? What if we had a clear, intentional way to “Coach each other?” What if there was a tool that would provide a common language between the head coach and their staff and their athletes? Wouldn’t that be a win-win for ALL parties?

The Coaching COMPASS assesses the following seven areas and is a holistic approach to growth:

- 1) C = Communication
- 2) O = Organization, Management & Leadership
- 3) M = Moral and Character Skills
- 4) P = Professionalism
- 5) A = Associations and Relationships
- 6) S = Sport IQ
- 7) S = Self-Awareness

Conclusion: We know that most head coaches want to help and support their staff and maybe, just maybe, the only thing missing is some structure to build a more collaborative working relationship. The Coaching COMPASS Assessment may be a way to “bridge the gap” that sometimes exists between head coaches, their staff and their athletes