### **Individual Behavior Chart**

#### **Header Section**

* **Name**: (Individual's Name)
* **Date**: (Specify the date range: daily, weekly, etc.)
* **Behavior Goal(s)**: (E.g., "Complete homework," "Use kind words.")
* **Reward**: (E.g., "Extra playtime," "Sticker on a chart.")

#### **Daily Behavior Tracking Table**

| **Time Period** | **Target Behavior(s)** | **Outcome** | **Notes/Comments** | **Points Earned** |
| --- | --- | --- | --- | --- |
| Morning | (Behavior 1, Behavior 2, etc.) | Achieved/Not | (Optional comments) | X points |
| Afternoon | (Behavior 1, Behavior 2, etc.) | Achieved/Not | (Optional comments) | X points |
| Evening | (Behavior 1, Behavior 2, etc.) | Achieved/Not | (Optional comments) | X points |