Individual Behavior Chart

Header Section

- **Name**: (Individual's Name)
- **Date**: (Specify the date range: daily, weekly, etc.)
- **Behavior Goal(s)**: (E.g., "Complete homework," "Use kind words.")
- **Reward**: (E.g., "Extra playtime," "Sticker on a chart.")

Daily Behavior Tracking Table

Time Period	Target Behavior(s)	Outcome	Notes/Comments	Points Earned
Morning	(Behavior 1, Behavior 2, etc.)	Achieved/Not	(Optional comments)	X points
Afternoon	(Behavior 1, Behavior 2, etc.)	Achieved/Not	(Optional comments)	X points
Evening	(Behavior 1, Behavior 2, etc.)	Achieved/Not	(Optional comments)	X points