



Personal Strategic Plan Worksheet™

Broad Goal

Desired Future State

Wellness Domain Strategies

Health/Self-Care	Financial	Relationships	Social Network	Avocations	Community	Professional

Action Tactics

Health/Self-Care	Financial	Relationships	Social Network	Avocations	Community	Professional
1.	1.	1.	1.	1.	1.	1.
2.	2.	2.	2.	2.	2.	2.
3.	3.	3.	3.	3.	3.	3.

Accountability Measures (WHO will do WHAT by WHEN)

Health/Self-Care	Financial	Relationships	Social Network	Avocations	Community	Professional