

Quick Guide to Restraint and Seclusion Documentation

	Medical Interference Restraint Track	Violent Restraint or Seclusion Track
Restraint/Seclusion Order	<p><u>First Order of Episode:</u> Timing not to exceed 1 (one) hour. Restraint order template requires the reason, the device type, the behavior indications, and the duration of restraint. Use appropriate order (pediatric or adult)</p> <p><u>Renewal Order(s):</u> New Restraint Order required every calendar day</p> <p><u>Discontinuation of Episode (RN only):</u> Mark Restraint Order “Complete”</p>	<p><u>First Order of Episode:</u> Timing not to exceed 1 (one) hour. Restraint order template requires the reason, the device type, the behavior indications, and the duration of restraint. Seclusion ONLY used in ED/BH units Use appropriate order (pediatric or adult)</p> <p><u>Renewal Order(s):</u> RN or LIP assessment completed and order obtained - (in person or telephone order): Every 4 hours for patient age 18 or older Every 2 hours for ages 9-17 Every 1 hour for age under 9</p> <p><u>Discontinuation of Episode (RN only):</u> Mark Restraint Order “Complete”</p>
LIP Face-to-Face Assessment Documentation	<p><u>Initiation:</u> Within 24 hours if initial order</p> <p><u>Ongoing:</u> Every 24 hours of episode until discontinued</p>	<p><u>Initiation:</u> Within 1 hour if initial order</p> <p><u>Ongoing:</u> Within 24 hours of initial order & every 24 hours until discontinued</p>
Documentation	<p><u>Initiation: RN Only</u> Complete <i>Restraint Order Group</i> rows. <u>Episode status:</u> “Initiated” – must match the ordered device <i>Monitor for Patient Safety</i> – all rows</p> <p><u>Ongoing:</u> RN <u>Restraint</u> Order group: Every shift Include <u>Episode Status:</u> Continued and type of restraint device in use</p> <p>RN/designee to document: <i>Patient Safety</i> rows: Every 2 hours <i>Physical Needs</i> rows: Every 2 hours</p> <p><u>Discontinuation:</u> Episode Status: “Discontinued” Document behaviors allowing discontinuation Discontinue device</p>	<p><u>Initiation: RN Only</u> Complete <i>Restraint Order Group</i> rows. <u>Episode status:</u> “Initiated” – must match the ordered device <i>Monitor for Patient Safety</i> – all rows</p> <p><u>Ongoing:</u> Every 4 hours for patients age 18 or older Every 2 hours for ages 9-17 Every 1 hour for age under 9 Include <u>Episode Status:</u> Continued and type of restraint device/seclusion in use.</p> <p>RN/designee to document: <i>Patient Safety</i> rows: Every 15 minutes <i>Physical Needs</i> rows: Every 2 hours</p> <p><u>Discontinuation:</u> Episode Status: “Discontinued” Document behaviors allowing discontinuation Discontinue device</p>
Plan of Care	<p><u>Initiation & Ongoing:</u> Review/document behaviors and edit as needed</p> <p><u>Discontinuation:</u> Document “Goal Met”</p>	<p><u>Initiation & Ongoing:</u> Review/document behaviors and edit as needed</p> <p><u>Discontinuation:</u> Document “Goal Met”</p>
Patient/Family Education	<p><u>Initiation & Ongoing:</u> Document education upon initiation and education as provided</p> <p><u>Discontinuation:</u> Complete education</p>	<p><u>Initiation & Ongoing:</u> Document education upon initiation and education as provided</p> <p><u>Discontinuation:</u> Complete education</p>
Progress Note <i>May be included in shift summary</i>	<p><u>Initiation:</u> Document events leading to restraint episode</p> <p><u>Ongoing:</u> Each shift – document patient progress, status and any unusual or unexpected events</p>	<p><u>Initiation:</u> Document events leading to restraint episode</p> <p><u>Ongoing:</u> Each shift – document patient progress, status and any unusual or unexpected events</p>