Therapist Aid Behavior Chart

Header Section

- **Client Name**: (Individual's Name)
- **Therapist Name**: (Therapist's Name)
- **Session Date**: (Specify session-specific or week overview.)
- **Behavior Goal(s)**: (E.g., "Stay seated for 15 minutes," "Engage in positive communication.")

Behavior Tracking Table

Activity	Target Behavior(s)	Outcome	Notes
Cognitive Activity	(Behavior 1, Behavior 2, etc.)	Achieved/Not	(Optional notes)
Social Interaction	(Behavior 1, Behavior 2, etc.)	Achieved/Not	(Optional notes)
Therapeutic Exercise	(Behavior 1, Behavior 2, etc.)	Achieved/Not	(Optional notes)