



All
ages

Downloadable
Agreements & Forms

Mobile Safety Family Agreement

The Mobile Safety Family Agreement is a tool parents and kids can use to talk about technology use. It's designed to help parents establish guidelines and expectations around use and behavior that are right for their family. Some families are comfortable using it as a signed agreement, and others prefer to use it simply as a checklist. Either way, the tool is designed to help parents and kids get on the same page about mobile safety and responsibility.

I WILL KEEP MYSELF SAFE.

- ☐ I will not give out any personal information, including my birthday, last name, address, school, picture or phone number.
- ☐ I will tell my parents or an adult I trust if anything happens while I use my mobile phone that makes me feel upset, sad or not safe.
- ☐ I will not share my password with anyone other than my parents, even my best friend.
- ☐ I will set privacy controls and discuss with my parents when I want to create a social networking profile.
- ☐ I will tell my parents about creepy messages from people I don't know.

I WILL BE A GOOD DIGITAL CITIZEN.

- ☐ I agree not to bully anyone online or on my mobile phone by sending pictures or sharing videos without the permission of the person(s) in the photo/video, or by spreading gossip, setting up fake profiles or saying cruel things about people.
- ☐ I agree not to use technology to cheat on schoolwork.





Mobile Safety Family Agreement (cont.)

I WILL THINK FIRST.

- ☐ I know that not everything I read or see is true, and I will think about whether a source or person is trustworthy.
- ☐ I agree to think about and understand anything I download or any survey I fill out.
- ☐ I will earn my independence and my parents' trust.
- ☐ I will show them how to use the tools that I like if they're interested in learning.

I WILL KEEP A HEALTHY BALANCE.

- ☐ I will help my parents set time limits for media that make sense, and I will follow them.
- ☐ I will be mindful of how much media I consume and will balance it with other activities in my life.
- ☐ I will help my parents understand why media is so important to me, but also recognize that my safety is more important to them than anything else.

I WILL PROTECT MY REPUTATION AND PRIVACY.

- ☐ I will create privacy settings on social networking sites.
- ☐ I will not give out my personal information (like my address) to someone I don't know.
- ☐ I will not put myself at risk by texting, posting or sending sexy or scandalous photos.
- ☐ I will not post anything on my profile that I wouldn't want my parents, teachers, college admissions officers, or future employers to see.

IN EXCHANGE, MY PARENTS AGREE TO:

- ☐ Recognize that media is a big part of my life, even if you don't always understand why.
- ☐ Talk to me about my interests and help me find what's appropriate and fun.
- ☐ Before saying "no," talk with me about what worries them and why.
- ☐ Embrace my world: understand downloads, IM, online games and websites I like.
- ☐ Let me make some mistakes and help me learn from them.
- ☐ Respect my privacy and talk to me if they have concerns.

Child/Teen Signature

Parents' Signatures