

# Pre-Medical Checklist

## What the Schools Seek in Applicants

### Strong Academic Record

- ☐ Demonstrated mastery of the basic pre-medical science requirements.
- ☐ Demonstrated broad and active exposure to the healthcare field, excellent communication skills, highly developed critical thinking & ethical decision-making skills.
- ☐ Maintained or further developed my ability to read rapidly and understand sophisticated material in the sciences, behavioral and social sciences.
- ☐ Demonstrated academic potential, that I am likely to be a lifelong learner, and have shown “mature and independent scholarship”, etc.
- ☐ Established a relationship with at least three faculty members who know me well enough to write me a comprehensive letter of evaluation.

### Firm & Clear Motivation

- ☐ Demonstrated a history of caring deeply about my fellow human beings and their welfare.
- ☐ Demonstrated that I know “what I am getting into,” i.e., I understand the role of a physician from recent direct personal contact and can clearly articulate why a career in medicine is right for me.

### Outstanding Personal Qualities

- ☐ Demonstrated personal traits such as maturity, stability, integrity, responsibility, trustworthiness, leadership, enthusiasm, etc.
- ☐ Demonstrated that I have accomplished something worthwhile, and have skills and abilities that will allow me to contribute to the life of my medical school. “I will be missed” when I leave an activity, organization or program.
- ☐ Demonstrated the ability to carry out a sophisticated conversation (interview) with others considerably older than myself (faculty).
- ☐ Demonstrated that I can use another language and deal effectively with those of other cultural backgrounds.