

**Client Information Form**

Client Name: \_\_\_\_\_

Date: \_\_\_\_\_

What is the concern that brought you to EAP? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Is this issue causing difficulty at work? ☐ Yes ☐ No  
Please circle to what degree:  
All the Time      Often      Sometimes      Rarely      Never

Is this issue causing problems in your personal life? ☐ Yes ☐ No  
Please circle to what degree:  
All the Time      Often      Sometimes      Rarely      Never

Check any of the problems or symptoms you have had recently.

- |                                      |  |  |                                       |
|--------------------------------------|--|--|---------------------------------------|
| <input type="checkbox"/> Anxiety     | <input type="checkbox"/> Changes or problems in eating   | <input type="checkbox"/> Headaches                             | <input type="checkbox"/> Tearfulness  |
| <input type="checkbox"/> Nervousness | <input type="checkbox"/> Changes or problems in sleeping | <input type="checkbox"/> Fatigue/Tiredness                     | <input type="checkbox"/> Chronic pain |
| <input type="checkbox"/> Depression  | <input type="checkbox"/> Sexual difficulties             | <input type="checkbox"/> Irritability                          | <input type="checkbox"/> Other        |
| <input type="checkbox"/> Fears       | <input type="checkbox"/> Difficulty concentrating        | <input type="checkbox"/> Loss of interests in usual activities |                                       |

**ABOUT YOU**

Have there been any recent illnesses or deaths among your family or close friends?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have there been any recent crises or major changes in your life?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever experienced any emotional, physical, or sexual abuse?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever intentionally hurt yourself or made a suicide attempt?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you ever taken medication for anxiety, depression, sleep, or other emotional conditions?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Is there a history of mental illness in your family?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Are you in a situation where you experience domestic violence?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you been in counseling or psychotherapy before?	<input type="checkbox"/> Yes	<input type="checkbox"/> No
Have you had any hospitalization(s) for emotional problems?	<input type="checkbox"/> Yes	<input type="checkbox"/> No

**ABOUT YOUR FAMILY**

Family member (spouse/partner/children) and those living in your household:

1. First Name/Relationship: \_\_\_\_\_ Age \_\_\_\_\_ Home/Away (circle one)
2. First Name/Relationship: \_\_\_\_\_ Age \_\_\_\_\_ Home/Away (circle one)
3. First Name/Relationship: \_\_\_\_\_ Age \_\_\_\_\_ Home/Away (circle one)
4. First Name/Relationship: \_\_\_\_\_ Age \_\_\_\_\_ Home/Away (circle one)
5. First Name/Relationship: \_\_\_\_\_ Age \_\_\_\_\_ Home/Away (circle one)
6. First Name/Relationship: \_\_\_\_\_ Age \_\_\_\_\_ Home/Away (circle one)

Please name any people or organizations that provide help and support to your family:

## YOUR MEDICAL HISTORY

Have you had a medical exam in the past year?

☐ Yes ☐ No

Do you have a Primary Care Physician (PCP)?

☐ Yes ☐ No

Are there any current or past medical conditions or disabilities that would be helpful for us to know about? \_\_\_\_\_

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Are you taking any medications?

☐ Yes ☐ No

If yes, list: \_\_\_\_\_

## OTHER ISSUES

### Alcohol and Other Drugs

Are you concerned about your alcohol use?

☐ Unsure ☐ Yes ☐ No

How often do you drink? \_\_\_\_\_ How many drinks at a time? \_\_\_\_\_

Are you concerned about your marijuana use?

☐ Unsure ☐ Yes ☐ No

If you use, how often? \_\_\_\_\_

Are you concerned about your over-use of prescriptions, such as pain relievers?

☐ Unsure ☐ Yes ☐ No

Are you concerned about your use of other drugs?

☐ Unsure ☐ Yes ☐ No

Is someone who cares about you concerned about your alcohol or drug use?

☐ Unsure ☐ Yes ☐ No

Was alcohol, prescriptions or other drugs an issue in the past?

☐ Yes ☐ No

Are you concerned about the drug or alcohol use of someone close to you?

☐ Yes ☐ No

Did you grow up in a home in which a parent abused drugs or alcohol?

☐ Yes ☐ No

Are you concerned about or do you want to quit tobacco?

☐ Unsure ☐ Yes ☐ No

How much caffeine do you have in a day? \_\_\_\_\_

### Legal

Do you have legal concerns?

☐ Yes ☐ No

Have you ever been arrested?

☐ Yes ☐ No

Have you ever been involved with Child Protective Services?

☐ Yes ☐ No

### Financial

Are you experiencing any financial difficulties?

☐ Yes ☐ No

Is gambling affecting your life?

☐ Yes ☐ No

### Work and School

What is your job/profession? \_\_\_\_\_

Length of time at your current job: \_\_\_\_\_

Are you currently enrolled in school?

☐ Yes ☐ No

Highest education level completed: \_\_\_\_\_

## OPTIONAL INFORMATION

Relationship Status: ☐ Single ☐ Married ☐ Widowed ☐ Separated ☐ Divorced ☐ Living Together

Racial Identity: ☐ Caucasian ☐ African American ☐ Hispanic ☐ Bi-Racial ☐ Asian American

☐ Native American ☐ Other: \_\_\_\_\_