

First name

Last name

Birth date

Last 4 digits of social security number

Employer

Complete a Healthy Living Mission Statement

Identifying the reasons why you want to live a healthy lifestyle can have a profound impact on your success.

Focus on your values and personal motivation for your actions. What's in it for you? Why is it important for you personally to be healthy?

Complete the statement below and revisit these reasons often throughout your journey to better health! Better yet, share your reasons with friends and family to help you stay motivated and on track towards life long health.

1. My health is important to me because I want to

2. My health is important to me because I want to

3. My health is important to me because I want to

Non-represented employees and spouses enrolled in a PPO or CDHP plan for 2012 must submit a Healthy Living Mission Statement form to RedBrick Health no later than March 31, 2012 to meet the Healthy Living requirements and retain the Enhanced level.

Please send this form to RedBrick Health

Please allow seven to ten business days for processing before results will appear on your personalized RedBrick Health website.

RedBrick Health

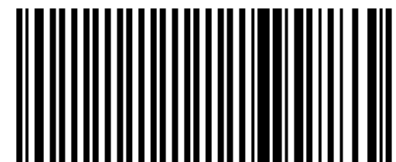
PO Box 2260

Minneapolis, MN 55402-0260

Fax: 877-543-2937

E-mail: healthscreen@redbrickhealth.com

Health Screening Form - Strict



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