

# High School Basketball Schedule

**Season Length:** November to March

## **Practice Schedule:**

- **Weekdays:**
  - Monday to Friday: 3:00 PM - 5:30 PM
  - Focus on skill drills, offensive and defensive plays, conditioning, and scrimmages.
- **Weekends (Optional):**
  - Saturday: 9:00 AM - 11:00 AM (focused on team-building and advanced strategies).
- **Game Day Walkthroughs:**
  - Light practice or strategy session before games, typically from 3:00 PM - 4:00 PM.

## **Game Schedule:**

- **Regular Season Games:**
  - Tuesday and Friday evenings, starting at 6:00 PM.
  - Warm-up begins at 5:00 PM, with games concluding around 8:00 PM.
- **Weekend Tournaments:**
  - Occur 2-3 times per season, often lasting from 10:00 AM - 6:00 PM.
  - Teams play 2-3 games in a single day.

## **Important Dates:**

- **Tryouts:** First week of November (lasting 3 days).
- **Preseason Scrimmages:** Second and third weeks of November.
- **Rivalry Game:** Mid-January.

- **Senior Night:** Last home game of the season in February.
- **Regional Playoffs:** Late February to March.
- **State Championships:** Mid-March.