### **High School Football Schedule**

**Season Length**: August to November

**Preseason Schedule**:

* **Conditioning and Practice**:
  + Early August: Monday to Friday, 8:00 AM - 11:00 AM.
  + Activities include fitness training, basic drills, and team strategy.
  + Saturday film sessions for review: 9:00 AM - 11:00 AM.

**Regular Season Practice**:

* **Monday to Thursday**: 3:30 PM - 6:30 PM
  + Warm-ups, position-specific drills, and scrimmage.
  + Thursdays: Film review and strategy discussions (6:30 PM - 7:30 PM).
* **Fridays (Game Day)**:
  + Light walkthrough in the morning, 8:00 AM - 9:30 AM.
  + Players arrive for warm-up: 5:00 PM.

**Game Schedule**:

* **Friday Night Games**:
  + Kickoff at 7:00 PM; games typically conclude by 9:30 PM.
  + Homecoming Game: Early October (ceremonies start at 6:00 PM).
* **Special Events**:
  + Rivalry Game: Mid-October.
  + Senior Night: Last home game of the season in November.

**Postseason**:

* **Regional Playoffs**: November.
* **State Championships**: Late November or early December.