

High School Football Schedule

Season Length: August to November

Preseason Schedule:

- **Conditioning and Practice:**
 - Early August: Monday to Friday, 8:00 AM - 11:00 AM.
 - Activities include fitness training, basic drills, and team strategy.
 - Saturday film sessions for review: 9:00 AM - 11:00 AM.

Regular Season Practice:

- **Monday to Thursday:** 3:30 PM - 6:30 PM
 - Warm-ups, position-specific drills, and scrimmage.
 - Thursdays: Film review and strategy discussions (6:30 PM - 7:30 PM).
- **Fridays (Game Day):**
 - Light walkthrough in the morning, 8:00 AM - 9:30 AM.
 - Players arrive for warm-up: 5:00 PM.

Game Schedule:

- **Friday Night Games:**
 - Kickoff at 7:00 PM; games typically conclude by 9:30 PM.
 - Homecoming Game: Early October (ceremonies start at 6:00 PM).
- **Special Events:**
 - Rivalry Game: Mid-October.
 - Senior Night: Last home game of the season in November.

Postseason:

- **Regional Playoffs:** November.
- **State Championships:** Late November or early December.