

Common Medical Terms, Abbreviations, and Acronyms Approved for Arizona WIC Use

Medical term, abbreviation, or acronym	Definition
#	Pounds
%tile	Percentile
/	Per
@	At
~	Approximately
AEB	As Evidenced By
AAP	American Academy of Pediatrics
ABX	Antibiotics
ADA	American Diabetes Association
ADHD	Attention Deficit Hyperactivity Disorder
ADHS	Arizona Department of Health Services
ADIME	Assessment, Diagnosis, Intervention, Monitoring, Evaluation
AGA	Appropriate for Gestational Age (10 th to 90 th percentile for birth weight for gestational age)
AHCCCS	Arizona Health Care Cost Containment System
AI	Adequate Intake
AKA	Also Known As
AM	Morning
Amt	Amount
AND	Academy of Nutrition and Dietetics
ANL or anl	Above Normal Limits
appt.	Appointment
APRN	Advanced Practice Registered Nurse
AR	Authorized Representative
AR2	Second Authorized Representative
ASD	Autism Spectrum Disorder
AzeIP	Arizona Early Intervention Program
b/c	Because
BF or bf	Breastfeeding
BFPC	Breastfeeding Peer Counselor
BG	Blood Glucose
BID	Twice per Day
BM	Bowel Movement
BMI	Body Mass Index
BMR	Basal Metabolic Rate
BNL or bnl	Below Normal Limits
BP	Blood Pressure
BPD	Bronchopulmonary Dysplasia
BRAT diet	BRAT diet (Bananas, Rice, Applesauce, Toast)
Btwn or b/w	Between
C	Cup

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c/o	Complains of
C1	Child 1 year old
C2	Child 2 years old
C3	Child 3 years old
C4	Child 4 years old
Ca+ or Ca	Calcium
Catch-up growth	Rate of growth that is faster than expected, seen when a child who has experienced stunted growth due to a nutritional insult receives adequate energy and protein
CBC	Complete Blood Count
CBW	Current Body Weight
CDC	Centers for Disease Control and Prevention
CF	Cystic Fibrosis
CHO	Carbohydrate
CLC	Certified Lactation Counselor
cm	Centimeters
CNE	Community Nutrition Educator
CNG	Continuous Nasogastric (feeding)
CNS	Central Nervous System
COG	Continuous Oral Gastric (feeding)
Corrected Age (CA)	Age from birth, corrected for prematurity (40 weeks minus gestational age at birth)
conc.	Concentrate formula
cont	Continue(d)
C/S	Cesarean Section
CPS	Child Protective Services
CRS	Children's Rehabilitation Services
CSFP	Commodity Supplemental Food Program
CSHCN	Children with Special Health Care Needs
CT or Cert	Certification
CVB	Cash Value Benefit(s)
D	Day
d/t	Due to
d/c	Discontinue
d/o	Disorder
DBE	Designated Breastfeeding Expert
DCS	Department of Child Safety
DDS	Dentist
DES	Department of Economic Security
dL	Deciliters
DM	Diabetes Mellitus
DNP	Doctor of Nursing Practice

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DO	Doctor of Osteopathic Medicine
DOB	Date of Birth
Doc(s)	Document(s)
DOR or sDOR	Division of Responsibility/ The Satter Division of Responsibility in Feeding
DRI	Dietary Reference Intake
DTR	Dietetic Technician Registered
Dx	Diagnosis
Dysphagia	Difficulty swallowing
EAR	Estimated Average Requirement
Early Term	Gestational age of 37 weeks to 38 6/7 weeks
EBM	Expressed Breastmilk
EBNP	Enrolled But Not Participating
EDD	Estimated Delivery Date
EER	Estimated Energy Requirement
EGA	Estimated Gestational Age
EMR	Electronic Medical Record
EN	Exclusively Nursing
ENV	Environment
ELBW	Extremely Low Birth Weight (Less than 1000 g or 2 lbs 3 oz)
EPSDT	Early and Periodic Screening, Diagnosis, and Treatment
ER	Emergency Room
f/u	Follow up
fdg	Feeding
Fe+ or Fe	Iron
FB	Food Benefits
FFR	Arizona WIC Program Formula and Food Request
FMNP	Farmers' Market Nutrition Program
FTT	Failure to Thrive
Full Term	Gestational age of 39 weeks to 40 6/7 weeks
F&V or F/V	Fruits and Vegetables
g	Gram(s)
G Tube	Gastric Tube
GA	Gestational Age
GDM	Gestational Diabetes Mellitus
GERD	Gastroesophageal Reflux Disease
Gest	Gestation(al)
GI	Gastrointestinal
h/o	History of
HANDS	Health and Nutrition Delivery System
HCP	Health Care Provider
Hgb	Hemoglobin
Hr	Hour
HR	High Risk
ht	Height
HTN	Hypertension

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HVP	Home Visiting Program
hx	History
IBCLC	International Board Certified Lactation Consultant
IBD	Inflammatory Bowel Disease
IBS	Irritable Bowel Syndrome
IBW	Ideal Body Weight
IDA	Iron Deficiency Anemia
IDDM	Insulin Dependent Diabetes Mellitus
IEN	Infant Exclusively Nursing
IFF	Infant Formula Fed
ILCA	International Lactation Consultant Association
in	inches
IOM	Institute of Medicine
IPN	Infant Partially Nursing
IS	Intake Specialist
IV	Intravenous
J Tube	Jejunostomy Tube
kcal	Kilocalories or calorie(s)
kg	Kilogram
L	Liter
L&D	Labor and Delivery
Late Term	Gestational age of 41 weeks to 41 6/7 weeks
lbs	Pounds
LBW	Low Birth Weight
Lg	Large
LGA	Large for Gestational Age (Greater than 90th percentile for birth weight for gestational age)
MA	Medical Assistant
MC/ Mid Cert	Mid-Cert/ Mid-Certification
MCT	Medium-chain Triglycerides (type of fat)
MD	Medical Doctor
Med	Medical, Medicine
Min	Minutes
Micropremie	Less than 750 g or 1 lb 10 oz
mL	Milliliter
Mo	Month
MR	Medium Risk
Msg	Message
MUBP or MUP	Multiple User Breast Pump
MVI	Multivitamin
NA+ or Na	Sodium
NAS	Neonatal Abstinence Syndrome
NCP	Nutrition Care Process

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Neonate	Newborn, birth to 28 days
NG Tube	Nasogastric Tube
NICU	Neonatal Intensive Care Unit
NJ Tube	Nasojejunal Tube
NKA	No Known Allergies
NKDA	No Known Drug Allergies
NKFA	No Known Food Allergies
N/V	Nausea and Vomiting
NIDDM	Non-insulin Dependent Diabetes Mellitus
NP	Nurse Practitioner
NPO	Nothing By Mouth
Nut Ed	Nutrition Education
NWA	National WIC Association
OBGYN	Obstetrician/Gynecologist
OG Tube	Orogastric Tube
OGTT	Oral Glucose Tolerance Test
OT	Occupational Therapist/Therapy
OTC	Over The Counter
oz	Ounces
P	Postpartum
PA	Physical Activity
PA	Physician Assistant
PAL	Physical Activity Level (coefficient used to determine EER)
PCH	Phoenix Children's Hospital
PCOS	Polycystic Ovary Syndrome
PCP	Primary Care Provider/Physician
Peds	Pediatrician/ Pediatrics
PEG	Percutaneous Endoscopic Gastrostomy
PES	Problem, Etiology, Signs, and Symptoms
PG	Pregnant
PG1	Pregnant participant less than 18 years old
PG2	Pregnant adult over 18 years old
PKU	Phenylketonuria (genetic disorder of metabolism)
PM	Afternoon
PMAD	Perinatal Mood and Anxiety Disorder
PN	Partially Nursing
PNV	Prenatal Vitamin
Prev	Previous
PT	Physical Therapist/Therapy
PO	By Mouth
Post Term	Gestational age more than 42 weeks
prn	As Needed
PRO	Protein
PSI	Postpartum Support International

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PTSD	Post Traumatic Stress Disorder
PWD	Powder
q	Every
QD	Every Day
qh	Every Hour
QID	Four Times Per Day
qod	Every Other Day
R&O	Rights and Obligations
r/t	Related to
RDA	Recommended Dietary Allowance
RDI	Recommended Dietary Intake
RD(N)	Registered Dietitian (Nutritionist)
rec	Recommend(ed)
Ref	Referral, Referred
Req'd	Required
RN	Registered Nurse
r/s	Reschedule
RTF	Ready to Feed
Rx	Prescription
Rxn	Reaction
s/s	Signs and Symptoms
s/p	Status Post
SF	Sugar Free
SGA	Small for Gestational Age (Less than 10th percentile for birth weight for gestational age)
SLP	Speech Language Pathology
Sml	Small
SOAP	Subjective, Objective, Assessment, Plan
ST	Speech Therapy
SUBP or SUP	Single User Breast Pump
Sx	Symptoms
Sx	Surgery
TEE	Total Energy Expenditure
Term	Gestational age 37 to 42 weeks
TID	Three Times Per Day
Tol	Tolerate
Tx	Treatment
UBW	Usual Body Weight
UC	Ulcerative Colitis
UL	(Tolerable) Upper Intake Level
US	Ultrasound
USDA (FNS)	United States Department of Agriculture (Food and Nutrition Service)
UTI	Urinary Tract Infection
VBAC	Vaginal Birth After C-section

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Veg	Vegetables
Vit	Vitamin
VLBW	Very Low Birth Weight (birth weight less than 1500g or 3 lbs, 5 oz)
VM	Voicemail
VOC	Verification of Certification
W/	With
W/O	Without
WFL	Weight-for-Length
WHO	World Health Organization
WIC	Women, Infants, and Children
Wk	Week
WNL or wnl	Within Normal Limits
wt	Weight
WYW	WIC Your Way
X	Times
y.o.	Years Old
Yr	Year

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