

# Gym Cleaning Schedule

## Daily Cleaning Tasks

| Time     | Task                            | Location     | Responsible Person   | Status                  |
|----------|---------------------------------|--------------|----------------------|-------------------------|
| 6:00 AM  | Disinfect gym equipment         | Workout Area | [Staff/Employe<br>e] | [Pending/Completed<br>] |
| 7:00 AM  | Wipe mirrors and glass surfaces | Workout Area | [Staff/Employe<br>e] | [Pending/Completed<br>] |
| 8:00 AM  | Sweep/mop floors                | Workout Area | [Staff/Employe<br>e] | [Pending/Completed<br>] |
| 9:00 AM  | Restock cleaning supplies       | Storage Area | [Staff/Employe<br>e] | [Pending/Completed<br>] |
| 10:00 AM | Empty trash bins                | All Areas    | [Staff/Employe<br>e] | [Pending/Completed<br>] |

## Weekly Cleaning Tasks

| Day           | Task                        | Location     | Responsible Person | Status                  |
|---------------|-----------------------------|--------------|--------------------|-------------------------|
| Monday        | Clean and disinfect lockers | Locker Room  | [Staff/Employee]   | [Pending/Completed<br>] |
| Wednesda<br>y | Check and repair equipment  | Workout Area | [Staff/Employee]   | [Pending/Completed<br>] |

|        |                    |           |                  |                     |
|--------|--------------------|-----------|------------------|---------------------|
| Friday | Deep clean showers | Bathrooms | [Staff/Employee] | [Pending/Completed] |
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**Monthly Cleaning Tasks**

| <b>Date</b> | <b>Task</b>         | <b>Location</b>  | <b>Responsible Person</b> | <b>Status</b>       |
|-------------|---------------------|------------------|---------------------------|---------------------|
| 1st         | Clean ceiling vents | All Areas        | [Staff/Employee]          | [Pending/Completed] |
| 15th        | Deep clean floors   | Workout Area     | [Staff/Employee]          | [Pending/Completed] |
| 30th        | Clean HVAC systems  | Maintenance Area | [Staff/Employee]          | [Pending/Completed] |