McGill UNIVERSITY

Eighth Annual McGill Facial Plastic Surgery Course

Course Director:

Mark Samaha
MSc, MD, FRCSC

May 26 - 28, 2017

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Eighth Annual McGill Facial Plastic Surgery Course

Location

McGill Medical Simulation Centre
3575 Parc Ave, Suite 5640
Montreal, QC H2X 3P9

Montreal Centre for Facial Plastic Surgery
(Injectable fillers and Neurotoxins Workshop)
1240 Beaumont, Suite 200
Montreal, QC H3P 3E5

Course Director

Mark Samaha, MSc, MD, FRCSC

Associate Professor,
Department of Otolaryngology - Head and Neck Surgery
Division of Facial Plastic and Reconstructive Surgery
McGill University, Montreal, Quebec

Faculty

Rick Jaggi, MD, FRCSC

Otolaryngologist & Facial Plastic Surgeon
Adjunct Professor of Surgery
University of Saskatchewan
Saskatoon Health Region

Mark Taylor, MD, FRCS(C), FACS

Professor and Interim Head
Otolaryngology - Head and Neck Surgery,
Dalhousie University

Nader Sadeghi, MD, FRCSC

Professor and Chairman
Department of Otolaryngology - Head and Neck Surgery
McGill University

Alex M. Mlynarek, MD, MSc, FRCSC

Assistant Professor
Head and Neck Oncology
Department of Otolaryngology - Head and Neck Surgery
McGill University

Michael G. Brandt, MD, FRCSC

Assistant Professor,
Department of Otolaryngology - Head and Neck Surgery
Division of Facial Plastic & Reconstructive Surgery,
University of Toronto

Richard Rival, MD, FRCSC

Lecturer,
Department of Otolaryngology - Head and Neck Surgery
Division of Facial Plastic & Reconstructive Surgery,
University of Toronto

Jonathan R.B. Trites, MD, FRCSC, FACS

Associate Professor,
Dept. Surgery (Div. Oto-HNS)
Dalhousie University
Halifax, N.S.

Kal Ansari, MD, MACMD, FRCSC

Associate Professor,
Department of Otolaryngology - Head & Neck Surgery
University of Alberta

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Visit Montreal

Spring is a great time to visit Montreal. Take advantage of the vibrant cultural scene and activities, museums, and a world renowned orchestra. Montreal has the second highest number of restaurants per capita in North America, making it a "foodie" city, with variety to please every palate. Visit Old Montreal to appreciate its stunning architecture and European charm. Enjoy the multicultural vibe that is so characteristic of this wonderful city.

Target Audience

The course provides a valuable educational opportunity for practicing physicians of all levels of experience and residents in training. The program covers aesthetic, reconstructive, and congenital issues relevant to facial plastic and reconstructive surgery. The format of the course allows participants of all levels to tailor their learning experience according to their goals, from the most basic to the most complex.

Course description

The course spans the entire spectrum of facial plastic and reconstructive surgery. It is unique in Canada in its scope, audience, size, and quality of cadaver dissection facilities and specimens.

Instructors are the prominent leaders and educators in the specialty in Canada. The ratio of instructor to participant allows for one-on-one teaching and coaching. There is a total of no less than 12 hours of cadaver dissection by the participants. There are 2 participants per cadaver station to insure full exposure to all procedures by each participant. Exceptionally, a third participant may be added.

Didactic lectures cover a wide range of topics and emphasize a practical approach to surgical decision-making and techniques. The course is geared to facilitate interaction between registrants and faculty.

The injectable fillers and neuromodulator workshop allows for exposure to variety of techniques by different expert injectors. Tips and assistance on incorporating fillers and neurotoxins in your practice are also available. Live patient demonstrations with small groups provide easy exposure and opportunity for interactive learning.

- Instructors are foremost experts in the field
- One on one instruction and teaching
- Fresh cadaver specimens
- Ample time and exposure to cadaver dissection
- State of the art facilities
- Neuromodulator and filler workshop

New this year

Bring your difficult cases and ask the experts

Learning Objectives

At the conclusion of the course, the participant should be able to:

- Discuss principles and basics in facia plastic and reconstructive surgery
- Explain different approaches, incisions, and techniques in modern esthetic rhinoplasty
- Debate different treatment choices and approaches to the aging face
- Delineate sound principles in facial reconstruction, including optimal choice of reconstructive option
- Utilize technical pearls for complex reconstructive problems and deformities
- Be able to incorporate fillers and neuromodulators into his/her practice and apply safe and optimal injection techniques.

CME

Practicing Otolaryngologists will be eligible for up to 20 hours of Category 1 CME credits through McGill University department of Otolaryngology - Head and Neck Surgery.

Cadaver dissection sessions

The cadaver dissection sessions allow for close interaction with faculty, demonstrations, and a great deal of flexibility for candidates to try various techniques.

Esthetic Facial Plastic Surgery: Fresh cadaver specimens will be used. Hands-on practice of surgical techniques as well as injection of fillers into cadaver heads, including

- Rhinoplasty - Open and endonasal
- Blepharoplasty
- Cervicofacial rhytidectomy - all techniques
- Forehead/Brow lift
- Otoplasty
- Chin implantation
- Injectable fillers

Local and regional flap reconstruction: Prosection demonstrations and hands-on dissection of local flap reconstruction techniques, including

- Forehead flap
- Melolabial flap
- Lip reconstruction
- Deltopectoral flap
- Submental flap
- Supraclavicular flap
- Various other flaps

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Schedule

Friday, May 26

Lecture Session:

Location:	McGill Medical Simulation Centre **Lecture room**
7:30 - 7:50	Breakfast and registration
7:50 - 7:55	Welcome - Nader Sadeghi, MD
7:55 - 8:00	Introduction - Mark Samaha, MD
8:00 - 8:20	Local Flaps in facial reconstruction: basic principles - Kal Ansari, MD
8:20 - 8:40	Local Flaps in facial reconstruction: design and selection - Nader Sadeghi, MD
8:40 - 9:00	Nasal reconstruction 1 - Alex Mlynarek, MD
9:00 - 9:20	Question period & break
9:20 - 9:40	Nasal Reconstruction 2 - Rick Jaggi, MD
9:40 - 10:00	Scar revision - Michael Brandt, MD
10:00 - 10:20	Regional flaps in facial reconstruction - Jonathan Trites, MD
10:20 - 10:30	Break

Cadaver Dissection Session:

Location:	McGill Medical Simulation Centre **Skills lab**
10:30 - 10:45	Nasolabial flap demonstration - Kal Ansari, MD
10:45 - 11:15	Registrant dissection - Nasolabial flap
11:15 - 11:30	Paramedian forehead flap demonstration - Alex Mlynarek, MD
11:30 - 12:00	Registrant dissection - Paramedian forehead flap
12:00 - 13:00	**Lunch Panel - Ask the Experts** **N. Sadeghi, A. Mlynarek, K. Ansari, J. Trites, M. Brandt**

Cadaver Dissection Session (cont'd)

13:00 - 13:15	Regional flap 1 demonstration - J. Trites, MD
13:15 - 13:45	Registrant dissection - Regional flap 1
13:45 - 14:00	Regional flap 2 demonstration - Nader Sadeghi, MD
14:00 - 14:30	Registrant dissection - Regional flap 2
14:30 - 14:45	Various local flaps demonstration
14:45 - 16:00	Registrant dissection - Various flaps

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Saturday, May 27

Lecture Session:

Location: McGill Medical Simulation Centre **Lecture room**

7:30 - 8:00	Breakfast
8:00 - 8:20	Open Rhinoplasty - Richard Rival, MD
8:20 - 8:40	Endonasal Rhinoplasty - Mark Samaha, MD
8:40 - 9:00	Upper blepharoplasty - S. Mark Taylor, MD
9:00 - 9:20	Question period & break
9:20 - 9:40	Lower lid blepharoplasty - Kal Ansari, MD
9:40 - 10:00	Facelift, SMAS and deep plane, with Fat transfer - Mark Samaha, MD
10:00 - 10:20	Forehead / brow lift - Rick Jaggi, MD
10:20 - 10:30	Break

Cadaver Dissection Session:

Location: McGill Medical Simulation Centre **Skills lab**

10:30 - 10:45	Endonasal rhinoplasty demonstration - Mark Samaha, MD
10:45 - 11:15	Registrant dissection - Endonasal rhinoplasty
11:15 - 11:30	Open rhinoplasty demonstration - Richard Rival, MD
11:30 - 12:00	Registrant dissection - Open rhinoplasty
12:00 - 13:00	**Lunch**

Cadaver Dissection Session (cont'd)

13:00 - 13:15	Upper blepharoplasty demonstration - S. Mark Taylor, MD
13:15 - 13:45	Registrant dissection - Upper blepharoplasty
13:45 - 14:00	Lower blepharoplasty: transconjunctival + skin/muscle flap demonstration - Kal Ansari, MD
14:00 - 14:30	Registrant dissection - Lower blepharoplasty
14:30 - 14:45	Facelift and forehead lift demonstration - Mark Samaha, MD, Rick Jaggi, MD
14:45 - 16:00	Registrant dissection - Facelift and forehead lift

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Sunday, May 28
Workshop: Neurotoxins and injectable fillers

Location: **Montreal Centre for Facial Plastic Surgery**

8:00 - 8:30 Breakfast

8:30 - 10:30 Neurotoxins and injectable fillers demonstrations - live patients
R. Rival, MD ❖ S.M. Taylor, MD ❖ K. Ansari, MD ❖ R. Jaggi, MD ❖ M. Samaha, MD

Filler demonstrations

Nasojugal folds (Tear troughs)

Nasolabial folds

Geniolabial folds (Marionette lines)

Temporal fossae

Malar/submalar regions

Buccal hollows

Lips

Neurotoxin (Dysport) demonstrations

Frontalis (forehead)

Corrugators (glabella)

Orbicularis (Brows)

Orbicularis (crow's feet)

Masseter (Bruxism)

Nasalis (Bunny lines)

10:30 - 10:45 Wrap-up

Accommodations

OMNI MONT-ROYAL
1050, Sherbrooke Street West, Montreal, QC •514-284-1110

$ 204.00 single / $214.00 double CAD for Deluxe accommodation
$ 224.00 single / $234.00 double CAD for Premium accommodations
$ 299.00 single / $309.00 double CAD for Executive suites

Room block reserved and rates available until April 25th under McGill - Department of Otolaryngology. Info and reservation for course attendees available at
http://www.omnihotels.com/hotels/montreal-mont-royal/meetings/mcgill-department-of-otolaryngology

Alternative accommodations are also available. Please click the link below for hotels with group rates for McGill University. Booking can be made by mentioning McGill University.
http://www.mcgill.ca/travelservices/accommodations/hotels-montreal/hotels-listing

Registration

Includes lectures, cadaver dissection lab and injectables workshop.

Practicing physicians: $1500
Residents: $225
Fellows: $475

Space is limited for the injectables workshop and cadaver dissection.

Payment by Credit Card: Please fill out the registration form below and send by email to kc0705@icloud.com or fax: 514 731-5760

Payment by Cheque: Please fill out the registration form below and send with Cheque payable to **"Otolaryngology Fund Account 65172"** to the following address:

Facial Plastic Surgery course
c/o Ms. Suzi Lapointe
1240 Beaumont, Suite 200
Mont-Royal, Quebec
H3P 3E5

Contact information

Ms. Maria Dimas
Tel: 514 340-8222 ext. 3179
E-mail: otl-gradadmin.med@mcgill.ca

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Registration form

Title: Surname: First Name:

Address:

City: Province: Postal Code:

Telephone: E-mail address:

University/Hospital/Facility:

Training Level:

Please check the box for which activitie(s) you will attend.

- ☐ Lectures only
- ☐ Injectables workshop
- ☐ Cadaver dissection

Please check your preferred method of payment

☐ by credit card VISA MasterCard ☐ by cheque

Name as it appears on card:

Card number:

Expiry date: Month Year Card security code: