

Kansas WIC Formula Facts for Families

Kansas Nutrition and WIC Services

WIC Foods

- WIC foods (including infant formula and medical foods) are supplemental. They are intended to provide some, but not all of the foods your child requires each day.
- WIC foods contribute key nutrients such as protein, calcium, iron, folic acid, and vitamins A, C, and D. These nutrients are essential for health and well-being during times of growth and development.
- WIC foods are for your child and are not meant to be for the entire family.



Why WIC only Provides Certain Formulas

- To control costs WIC is required to have contract to receive money back for each can of milk or soy-based formula we buy. All of the money is used to serve more women, infants and children in Kansas.
- WIC provides the following standard **formulas** to partially or non-breastfed infants:
 - Abbott Nutrition
 - Similac Advance
 - Nestle Nutrition
 - Gerber Good Start Soy
- WIC **does not provide** other brands of standard milk- or soy-based infant formula such as Enfamil, Isomil, Gentlease, or store brands.
- **Specialized formulas**, such as Alimentum, NeoSure and PediaSure may be provided with a medical diagnosis that warrants the use of such products. Examples of diagnoses include:
 - Food Intolerance/Allergies, including family history of several allergies
 - Metabolic disorder / Inborn error amino acid metabolism
 - GI disorders, including malabsorption syndromes
 - Complications of Prematurity
- **Medical foods** such as PediaSure, Boost Kid Essentials, or Ensure **will not be provided** to children and women to manage weight without an underlying medical diagnosis. Poor weight gain is not an adequate justification.
- **Soy beverage and/or tofu** may be provided to women and children ≥ 1 year of age.