

Weekly Planner

Specially designed for  AutismWish
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INTRODUCTION

This weekly planner has been created to help children schedule plans and activities over a week. It can help them with managing time and tracking tasks eventually helping them become more independent.

Note: It is advisable to print and laminate the planner so it can be reused effectively.

Suggested paper size for printing: A3



Reusable Activity Flashcard



brush my hair



brush my teeth



climb



collecting coins



comb my hair



do your homework



drawing



exercise



floss



go to school



go to sleep



jumping



make lunch



play a game



play an instrument



play soccer



play tennis



playing guitar



reading



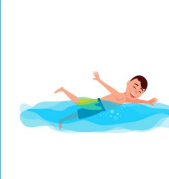
ride my bike



skate



skip



swimming



take a shower



writing



clean up toys



be gentle to animals



visiting a farm



eating lunch



eating snacks



drinking water



getting ready

My Week

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY

Guideline

Flashcards with dotted lines border can be used as visual activity placements on the weekly planner. Simply cut the image and laminate it. Ask the child to place these flashcards on the planner to plan their entire week! Visual weekly planners are a great tool for time management and activity tracking!

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If you want a resource for something specific, you can fill out our contact form and put in a request!

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