

## Procedure for Diapering a Child

### 1. Get Organized:

a. Wash Hands and collect the needed supplies: Before bringing the child to the diaper changing area, perform hand hygiene, gather and bring supplies to the diaper changing area.

- Non-absorbent paper liner large enough to cover the changing surface from the child's shoulders to beyond the child's feet
- Fresh diaper and clean clothes (if necessary)
- Enough diaper wipes for the diaper change (including cleaning child's bottom, child's hands and provider's hands after taking the soiled diaper away from the child's skin)
- Child's personal, labeled Diaper Cream/Ointment, (provided by parents) removed from the container to a piece of disposable material such as facial or toilet tissue
- Trash disposal bag
- Supplies should be removed from their containers before starting the diaper change.

b. Diapering Surface: should be smooth, nonabsorbent, and easy to clean. Don't use areas that come in close contact with children during play, such as couches, floor areas where children play, etc.

- Place a non-absorbent paper liner large enough to cover the changing surface from the child's shoulders to the child's heels (in case it becomes soiled and must be folded over to give a clean surface during the change) on the changing table.

c. If using gloves, put them on now.

### 2. Carry the child to the Diapering Table:

- Keep the soiled clothing away from you and any surface that cannot be easily cleaned and disinfected.
- Always keep a hand on the child
- If the child's feet cannot be kept out of the diaper or from contact with soiled skin during the changing process, remove the child's shoes and socks so the child does not contaminate these surfaces with stool or urine during the diaper changing.

### 3. Clean the child's diaper area:

- Unfasten the soiled diaper but leave it under the child
- Lift the child's legs as needed and use the disposable wipe to clean the child, wiping from front to back
- Use a fresh wipe each time until the child is clean
- Put the soiled wipes into the soiled diaper, or directly into a plastic-lined hands-free covered container.

### 4. Remove the soiled diaper and clothing:

- Fold the soiled diaper surface inward and put the soiled diaper into a plastic-lined, hands-free covered container. If reusable cloth diapers are used, put the soiled diaper and its contents, without rinsing, into a plastic bag or a plastic-lined, hands-free covered container
- If gloves were used, remove them and put them into a plastic-lined, hands-free covered can
- Whether or not gloves were used, use a fresh wipe to wipe the hands of the caregiver/teacher and another fresh wipe to wipe the child's hands

## Procedure for Diapering a Child

### 5. Put on a clean diaper and redress the child:

- Slide a fresh diaper under the child
- Use a facial or toilet tissue or wear clean disposable glove to apply any necessary diaper creams, discarding the tissue or glove in a covered, plastic-lined, hands-free covered can
- Note and plan to report any skin problems such as redness, skin cracks, or bleeding
- Fasten the diaper.

### 6. Wash the child's hands and return the child to play area:

- Use soap and warm water, between 60°F and 120°F, at a sink to wash the child's hands
- The provider should not touch any materials in the classroom, other children, etc., at this point because their hands have not been properly washed yet).

### 7. Clean and sanitize the diaper-changing surface:

- Throw away the disposable paper liner in a plastic-lined, hands-free container
- Clean any visible soil from the changing surface with detergent and water
- Wet the entire changing surface with the sanitizing solution and wait 2 minutes (or allow surface to air dry) to allow the solution to kill germs before drying with a disposable paper towel.

### 8. Wash Hands according to the procedure and maintain documentation of diaper change log:

- Record what was in the diaper and any problems (such as a loose stool, an unusual odor, blood in the stool, or any skin irritation), and report as necessary.

#### Resources:

1. Caring for Our Children: National Health and Safety Performance Standards, Diaper Changing Procedure, 3<sup>rd</sup> edition. Diaper Changing Procedure-Last Modified 08/23/2016.
2. CDC. Safe and Healthy Diapering to reduce the spread of the germs.

#### 3. MSDE Office of Child Care (OCC) Regulations

- Diapering Area: COMAR 13A.16.05 PHYSICAL PLANT AND EQUIPMENT .08 Sanitary Facilities and Supplies.  
COMAR 13A .15.05 Home Environment and Equipment  
.03 Cleanliness and Sanitation E. (3)
- Diapering Procedure: COMAR 13A.16.09 PROGRAM REQUIREMENTS  
02 Activity Plans for Infants and Toddlers. B. (4). (d)  
COMAR 13A .15.05 Home Environment and Equipment  
.03 Cleanliness and Sanitation E. (1) (2)
- Hand Washing: COMAR 13A.16.11 HEALTH .03 Preventing Spread of Disease.  
COMAR 13A .15.05 Home Environment and Equipment  
.03 Cleanliness and Sanitation D (1) (2)
- Diaper Cream: COMAR 13A.16.11 HEALTH .04 Medication Administration and Storage.  
B. Topical Application A, D (2)  
COMAR 13A.15.11 Health .04 Medication Administration and Storage.  
B. Topical Applications A, D (2)



1

Get OrGanized

Wash your hands.

Gather what you need:

- ✓ non-absorbent, disposable paper (recommended) or pad
- ✓ fresh diaper
- ✓ clean clothes (if necessary)
- ✓ plastic bag for soiled items
- ✓ disposable wipes
- ✓ gloves (recommended)
- ✓ diaper cream, removed from container and placed on a disposable tissue

Put on disposable gloves.



2

Carry Child to diaPerinG area

Avoid contact with clothing soiled with urine or stool (germs).

- Gently place child on diapering surface.

Always keep a hand on the child.

- Remove child's clothes, shoes and socks as needed.
- Place soiled clothes in plastic bag. Close securely for sending home. Do not rinse.



3

Clean the Child



- Remove stool and urine from front to back.
- Use fresh wipe or dampened paper towel with each front to back cleaning.
- Place soiled wipe or paper towel in plastic-lined, hands-free, covered trash receptacle.

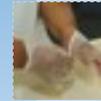


4

Remove Soiled diaPer



IMMEDIATELY put disposable diaper in a plastic-lined, hands-free, covered trash receptacle.



Put soiled reusable diaper in a plastic bag, close securely, for sending home. Do not rinse.



Remove gloves.

Dispose of immediately.

Clean your hands with a disposable wipe.

Clean the child's hands with a fresh disposable wipe.

If disposable paper is used, fold from the feet over any spills under the child.

\*Revised June 2016



5

Put a Clean diaPer On the Child



- Slide fresh diaper under child.
- Use tissue to apply needed diapering cream. Discard tissue in plastic-lined, hands-free, covered trash receptacle.
- Adjust and fasten diaper.
- Finish clothing child.



6

Wash Child's Hands

Take child to the sink. Hold child and wash child's hands with soap and water.



If you are unable to hold the child for handwashing and the child cannot stand at the sink, use the three paper towel method: the first damp and soapy for washing, the second damp for rinsing and the third to dry hands.

Return child to supervised area.

## Diapering Procedure



Wash Rinse disinfect

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disinfect diaPerinG area

- If paper liner is used, dispose of paper liner in a plastic-lined, hands-free, covered trash receptacle.
- Spray and wipe entire diapering area with detergent solution.
- Spray and wipe entire diapering area with rinse water.
- Spray entire diapering area with disinfecting solution. [500-800 parts per million (ppm) of chlorine].



If a pad is used, spray both sides of the pad and the changing table surface with detergent solution. Rinse with water. Spray both sides of the pad and the



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changing table surface with disinfecting solution.

Let disinfecting solution sit for 2 minutes. Air-dry or wipe dry.





1

OrGaniCese

Lávese las manos.  
Reúna los artículos que necesite:

- ✓ papel desechable no absorbente (se recomienda) o un cojín o un colchoncito
- ✓ pañal nuevo
- ✓ ropa limpia (en caso de ser necesario)
- ✓ bolsas de plástico para artículos o ropa sucia
- ✓ toallitas desechables
- ✓ guantes (se recomienda)
- ✓ crema para rozaduras, sáquela del envase y póngala en un



2

CarGue al niño al área dOnde IO va a Cambiar

Evite el contacto con la ropa sucia, con la orina o excremento (gérmenes).

- Ponga al niño con cuidado sobre el lugar donde lo va a cambiar.

Siempre detenga al niño por lo menos con una mano.

- Según sea necesario, quitele su ropa, sus zapatos y sus calcetines.
- Coloque la ropa sucia en una bolsa de plástico. Cierre la bolsa con cuidado para enviarla a la casa del niño. No enjuague ninguno de los contenidos.



3

limPie al niño



- Limpie el excremento de adelante hacia atrás.
- Use una toallita fresca o una toalla de papel nueva y húmeda cada vez que limpie al niño de adelante hacia atrás.
- Ponga la toallita o toalla de papel sucia en un bote de basura que esté forrado por dentro de plástico y que tenga una tapa. Este bote se debe abrir con un pedal de pie (sin tocar el bote con las manos).



4

Quitele el Pañal suCIO al niño

INMEDIATAMENTE ponga el pañal desechable en un bote de basura con tapa, forrado por dentro de plástico, y no utilice sus manos para abrir el bote.

Ponga el pañal reciclable en una bolsa de plástico, ciérrela con cuidado para enviársela a la casa del niño. No enjuague nada.

Quite los guantes.

Tirelos inmediatamente.

Limpie las manos con una toallita desechable.

Limpie las manos al niño con una toallita desechable.

Si se usa papel desechable, dóblelo empezando por la parte de los pies si hay algún derrame debajo del niño.

\*revisado JUNIO de 2016



pañuelo de papel desechable  
Póngase guantes desechables.

5

PónGale un Pañal limPIO al niño



- Coloque el pañal nuevo abajo del niño.
- Use una gasa o un pañuelo de papel para ponerle la crema de rozaduras. Tire la gasa o el papelito en el bote de basura forrado de plástico, tapado y sin utilizar las manos.
- Ajuste y abroche el pañal.
- Póngale el resto de su ropa



6

al niño.



lávese enJuaGue Y desinfeCte

7

lá v el e la s m  
años al niño



Lleve al niño al lavabo. Detenga al niño y lávele las manos con agua y



8

con jabón

Si usted no tiene la capacidad de cargar al niño y si el niño no tiene la capacidad de pararse enfrente del lavabo, utilice el método de las tres toallas desechables: utilice la primera toalla húmeda y con jabón para lavarle las manos, utilice la segunda toalla para enjuagarle las manos, y utilice la tercera toalla para secarle las manos.

## Procedimiento para cambiar pañales