



## Approved Formulas List for California Women, Infants and Children (WIC) Program Families

# Therapeutic Formulas

**Updated March 9, 2023 — WIC families unable to find their regular formula can temporarily mix and match newly approved formulas in the list below.**

- All of the formulas below require a prescription from your health care provider before the WIC Office can issue it.
- All new prescriptions for Nutramigen must now state the following: “Nutramigen or hypoallergenic equivalent.”
- Shop at WIC approved grocers. Find WIC grocers at [MyFamily.WIC.ca.gov](https://MyFamily.WIC.ca.gov).
- Scan the product with [your California WIC App](#) to confirm it is approved before checking out at the register.



- Larger containers will use more of your benefits because they make more formula.
- Contact your WIC office for help if you are only seeing your prescribed formula in the liquid ready to feed form at your WIC approved store.

**If your benefits say “Nutramigen Enflora LGG Powder 12.6 oz” you can now mix and match any of these formulas listed below:**

Brand	Formula Types & Sizes	Number of Cans Used in Benefit Balance
Comforts	Comforts Hypoallergenic Powder 12.6 oz	1
Enfamil	Nutramigen Enflora LGG Powder 12.6 oz	1
	Nutramigen LGG Powder 19.8 oz	1
	Nutramigen LGG Powder 27.8 oz	2
Nutricia	Nutricia Pepticate Powder 14.1 oz	1
	Nutricia Pepticate Syneo Powder 15.9 oz	1



Brand	Formula Types & Sizes	Number of Cans Used in Benefit Balance
Parent's Choice	Parent's Choice Hypoallergenic Powder 12.6 oz	1
	Parent's Choice Hypoallergenic Powder 19.8 oz	1
Signature Care	Signature Care Hypoallergenic Powder 19.8 oz	1
Tippy Toes	Tippy Toes Hypoallergenic Powder 12.6 oz	1
Up & Up	Up & Up Hypoallergenic Powder 19.8 oz	1
	Up & Up Hypoallergenic Powder 27.8 oz	2
Well Beginnings	Well Beginnings Hypoallergenic Powder 12.6 oz	1



If your benefits say “Enfamil NeuroPro EnfaCare Powder 12.8 or 13.6 oz,” you can purchase the formula listed below:

Brand	Formula Types & Sizes	Number of Cans Used in Benefit Balance
Enfamil	Enfamil NeuroPro EnfaCare Powder 12.8 oz or 13.6 oz	1
	Enfamil NeuroPro Enfacare Powder 23 oz	1

If your benefits say “Similac NeoSure Powder 13.1 oz,” you can purchase the formula listed below:

Brand	Formula Types & Sizes	Number of Cans Used in Benefit Balance
Similac	Similac NeoSure Powder 13.1 oz	1
	Similac NeoSure Powder 22.8 oz	1



If your benefits say “Ready to Feed Hypoallergenic Formula,” you can purchase the formula listed below:

Brand	Formula Types & Sizes	Number of Cans Used in Benefit Balance
Enfamil	Nutramigen Ready to Feed 32 oz	1
Similac	Similac Alimentum Ready to Feed 32 oz	1

If your benefits say “Ready to Feed Similac NeoSure 32 oz,” you can purchase the formula listed below:

Brand	Formula Types & Sizes	Number of Cans Used in Benefit Balance
Similac	Similac NeoSure Ready to Feed 32 oz	1

If your benefits say “Enfamil A.R. Powder 12.9 oz,” you can purchase the formula listed below:

Brand	Formula Types & Sizes	Number of Cans Used in Benefit Balance
Enfamil	Enfamil A.R. Powder 12.9 oz	1



Brand	Formula Types & Sizes	Number of Cans Used in Benefit Balance
Enfamil	Enfamil A.R. Powder 19.5 oz	1
	Enfamil A.R. Powder 27.4 oz	2
	Enfamil A.R. Powder 30.4 oz	2
Parent's Choice	Parent's Choice Added Rice Starch Powder 32.2 oz	2
Tippy Toes	Tippy Toes Added Rice Starch Powder 21.5 oz	1
Up & Up	Up & Up Added Rice Starch Powder 32.2 oz	2



**California Department of Public Health, California WIC program**

*This institution is an equal opportunity provider.*

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