

Planning Schedule

OFFICE OF LEARNING RESOURCES

UNIVERSITY of
DAYTON

Time	Monday	Tuesday	Wednesday	Thursday	Friday
8-8:30AM					
8:30-9AM					
9-9:30AM					
10-10:30AM					
10:30-11AM					
11-11:30AM					
12-12:30PM					
12:30-1PM					
1-1:30PM					
1:30-2PM					
2:30-3PM					
3-3:30PM					
3:30-4PM					
4-4:30PM					
4:30-5PM					
5-5:30PM					
5:30-6PM					
6-6:30PM					
6:30-7PM					
7-7:30PM					
7:30-8PM					
8-8:30PM					
8:30-9PM					
9-12AM					

Planning Schedule

OFFICE OF LEARNING RESOURCES

UNIVERSITY of
DAYTON

Time	Saturday	Sunday	Notes
8-8:30AM			
8:30-9AM			
9-9:30AM			
10-10:30AM			
10:30-11AM			
11-11:30AM			
12-12:30PM			
12:30-1PM			
1-1:30PM			
1:30-2PM			
2:30-3PM			
3-3:30PM			
3:30-4PM			
4-4:30PM			
4:30-5PM			
5-5:30PM			
5:30-6PM			
6-6:30PM			
6:30-7PM			
7-7:30PM			
7:30-8PM			
8-8:30PM			Develop a "to-do list" to free your mind.
8:30-9PM			Writing down the day's tasks relieves your mind.
9-12AM			You're less likely to procrastinate if you plan your time.