### horizontal line**Student Health Survey Report**

#### **Title Page**

* Title: "Student Health Survey Report"
* Institution Name
* Survey Date
* Prepared by

#### **Executive Summary**

* Purpose: Evaluate student health status and awareness.
* Key Findings: Summary of insights on mental, physical health, and lifestyle habits.
* Recommendations: Health programs and interventions.

#### **Introduction**

* Objective: Understand the health and wellness needs of students.
* Scope: Survey targeting physical, mental health, and lifestyle factors.
* Methodology: Online survey with detailed health-related questions.

#### **Survey Methodology**

* Design: Questions on diet, exercise, stress levels, and medical history.
* Sampling: Voluntary participation from all students.
* Tools: Data collection via health-focused survey platforms.

#### **Survey Results**

1. **Demographics**: Age, gender, health status.
2. **Physical Health**: Exercise frequency, dietary habits.
3. **Mental Health**: Stress levels, access to counseling.
4. **Health Services**: Satisfaction with on-campus health services.

#### **Data Analysis**

* Patterns: Common health concerns.
* Visuals: Graphs for health trends.

#### **Discussion**

* Insights: Key health issues and gaps in resources.
* Positive Findings: Students actively maintaining healthy habits.

#### **Recommendations**

* Introduce more health-awareness programs.
* Improve access to mental health resources.
* Provide healthier food options in cafeterias.

#### **Conclusion**

* Summary of health trends and next steps for the institution.

#### **Appendices**

* Health Survey Questionnaire
* Summary of Student Feedback