

Monster Mess Dessert Pots

serves 4



Ingredients



4 READY MADE
MERINGUE NESTS



300 MLS DOUBLE
CREAM



1 DESSERT SPOON
OF ICING SUGAR
(OPTIONAL)



STRAWBERRIES/
RASPBERRIES

How to make it

1. Place the meringues inside a clean teatowel and bash up with a wooden spoon (or similar). Leave to one side
2. Whip the cream until stiff peaks form (adding a small amount of icing sugar can help with this)
3. Chop strawberries reserving some for decoration if you would like to
4. Gently fold the meringue and strawberries into the cream.
We served ours in glasses that we had placed in the fridge to chill (bowls would work fine too)
5. We added sugar eyes and fresh mint leaves to make ours look extra monstrous. You could use smarties, marshmallows, chocolate buttons to make yours look more monstrous.