

Nursing Care Plan Example

Patient Information

- Name: _____
- Age: _____
- Gender: _____
- Medical Record Number: _____
- Date: _____

Medical History

- Primary Diagnosis: _____
- Secondary Diagnosis: _____
- Allergies: _____

Assessment

- Vital Signs:
 - Temperature: _____
 - Pulse: _____
 - Respiration: _____
 - Blood Pressure: _____
- Physical Examination: _____
- Patient's Complaints/Symptoms: _____

Nursing Diagnoses

1. Nursing Diagnosis #1: _____
 - Related to: _____
 - As evidenced by: _____
2. Nursing Diagnosis #2: _____

- Related to: _____
- As evidenced by: _____

Goals and Expected Outcomes

- Short-term Goals:
 1. _____
 2. _____
- Long-term Goals:
 1. _____
 2. _____

Nursing Interventions

1. Intervention #1: _____
 - Rationale: _____
 - Frequency: _____
2. Intervention #2: _____
 - Rationale: _____
 - Frequency: _____

Evaluation

- Goal #1 Met/Not Met: ☐ Met ☐ Not Met
 - Evidence: _____
- Goal #2 Met/Not Met: ☐ Met ☐ Not Met
 - Evidence: _____