Nursing Care Plan for Fever

Patient Information

- **Name:_____**
- **Age:_____**
- **Gender:_____**
- **Patient ID:_____**
- **Date:_____**

Medical History

- **Primary Diagnosis:_____**
- **Fever Onset:_____**
- **Allergies:_____**

Assessment

- **Vital Signs:**
    - **Temperature:_____**
    - **Pulse:_____**
    - **Respiration:_____**
    - **Blood Pressure:_____**
- **Symptoms:**
    - **Chills: ☐ Yes ☐ No**
    - **Sweating: ☐ Yes ☐ No**
    - **Headache: ☐ Yes ☐ No**

Nursing Diagnoses

1. **Nursing Diagnosis: Hyperthermia**
   - **Related to: Infection**
   - **As evidenced by: Elevated temperature, sweating, chills**

Goals and Expected Outcomes

- **Short-term Goals:**
  1. **Reduce fever within 24 hours.**
  2. **Maintain hydration levels.**
- **Long-term Goals:**
  1. **Prevent recurrence of fever.**
  2. **Educate patients on fever management.**

Nursing Interventions

1. **Intervention: Monitor Vital Signs**
   - **Rationale: Track fever progression**
   - **Frequency: Every 4 hours**
2. **Intervention: Administer Antipyretics**
   - **Rationale: Reduce fever**
   - **Frequency: As prescribed**

Evaluation

- **Goal #1 Met/Not Met: ☐ Met ☐ Not Met**
  - **Evidence: Temperature reduced to normal range**
- **Goal #2 Met/Not Met: ☐ Met ☐ Not Met**

- **Evidence: Patient maintains hydration**