

SMART GOALS WORKSHEET

Name: _____

Date: _____

Educational Goal Statement

Write a clear sentence describing what you want to accomplish academically.





SMART Goal Framework

S – Specific

What exactly do I want to achieve in my education?

(e.g., Improve my math grades, complete my thesis, develop a study habit)



M – Measurable

How will I track my progress and know I've succeeded?

(e.g., Track test scores, number of completed assignments, GPA improvement)



A – Achievable

Is this goal realistic based on my current workload, resources, and time?



R – Relevant

How does this goal help my academic or career growth?



T – Time-Bound

What is my deadline? Are there specific checkpoints or due dates along the way?



Action Steps

What are the main steps I will take to reach this educational goal?