

# SMART GOALS

# WORKSHEET

NAME: \_\_\_\_\_ GRADE: \_\_\_\_\_ DATE: \_\_\_\_\_

## MY GOAL STATEMENT:

## SMART GOAL BREAKDOWN

- Specific
- Measurable
- Achievable
- Relevant
- Time-Bound

## MY ACTION STEPS

- 1 step: \_\_\_\_\_
- 2 step: \_\_\_\_\_
- 3 step: \_\_\_\_\_

## PROGRESS TRACKING & REFLECTION