

SMART GOALS WORKSHEET

NAME: _____ DATE: _____

DEPARTMENT: _____

S – Specific

M – Measurable

A – Achievable

R – Relevant

T – Time-Bound

GOAL STATEMENT:

WHAT IS YOUR PRIMARY GOAL AS A NURSE FOR THIS TERM/YEAR (RELATED TO SKILLS, PATIENT CARE, COMMUNICATION, ETC.)?

WHAT CHALLENGES MIGHT ARISE, AND HOW WILL YOU OVERCOME THEM