

NAME : \_\_\_\_\_

DATE: \_\_\_\_\_



# SMART GOALS WORKSHEET

## ● VISION

What positive impact do you want to create in your personal or professional life long-term?

## ● MISSION

What is your “why”? Describe the deeper reason behind setting this goal.

## ● STRATEGY

How will you stay focused, motivated, and organized in working toward this vision?

## ● ACTION PLANS

What are three specific steps you can take this week to get closer to your goal?