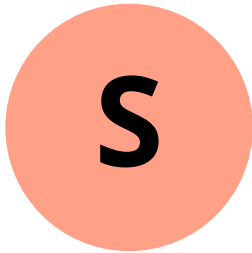


NAME : _____

DATE: _____

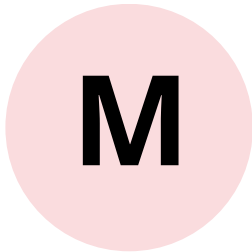
SMART GOALS WORKSHEET

Use this worksheet to plan and organize your goal using the SMART method. Think deeply and answer each section.



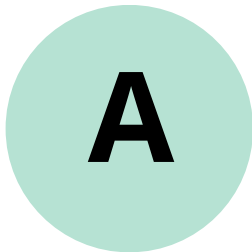
Specific

What is one area in school where you want to improve or grow?



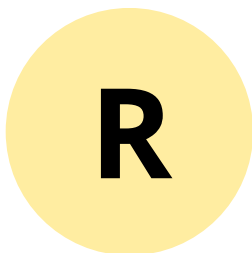
Measurable

How will you know you're making progress toward your goal?



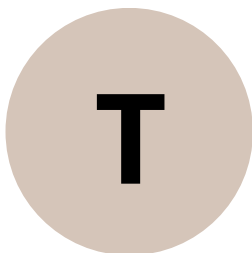
Attainable

What actions will you take to reach this goal?



Relevant

Why is this goal important to you?



Time-bound

When do you want to complete this goal by?